



# Our Lenten Journey

## WORKS OF MERCY & LOVE

The St. Vincent de Paul Society is welcoming donations to fill the food cupboards this Lent. This is a suggested list of donations for each week. We invite you to include your children and families in this act of service.

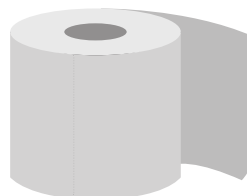
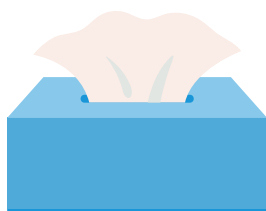
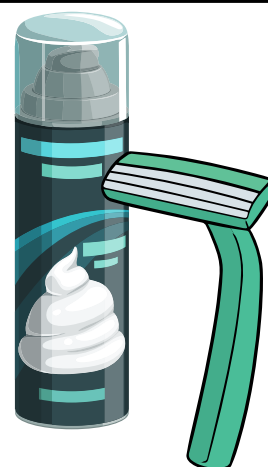
### 1ST SUNDAY OF LENT - FEB 25/26

- Hot cereal (oatmeal)
- peanut butter
- pasta sauce
- pancake mix
- Pasta
- Cereal
- jam
- syrup
- coffee
- tea



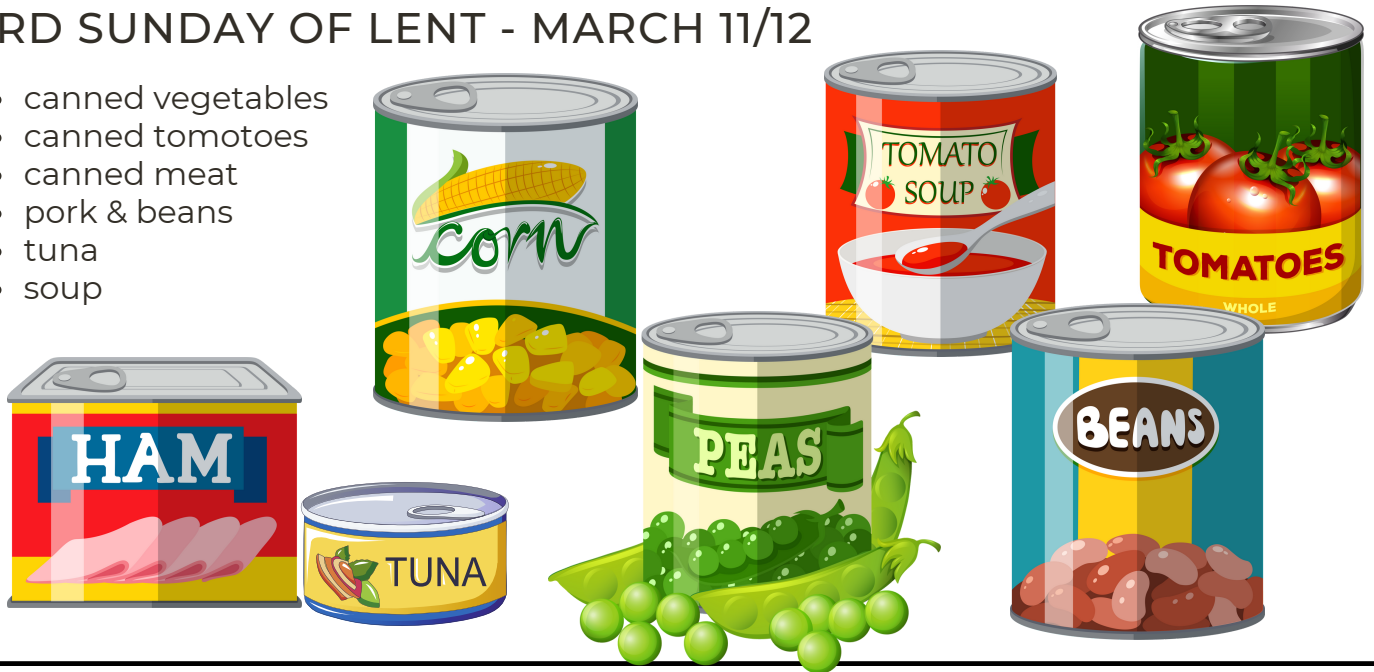
### 2ND SUNDAY OF LENT - MARCH 4/5

- disposable razors
- shaving cream
- Toothbrushes
- toothpaste
- mouth wash
- bars of soap
- toilet paper
- deodorant
- shampoo
- kleenex



### 3RD SUNDAY OF LENT - MARCH 11/12

- canned vegetables
- canned tomatoes
- canned meat
- pork & beans
- tuna
- soup



### 4TH SUNDAY OF LENT - MARCH 18/19

- laundry detergent pods
- pudding snacks
- canned fruit
- cookies
- granola bars
- crackers
- dish soap



### 5TH SUNDAY OF LENT - MARCH 25/26

Annual Share Lent collection for Development & Peace.

